

# Beyond Beauty:

## The Future of Regenerative and Integrative Aesthetics

### Agenda

<b>08:30 – 09:15</b>	<b>Registration, Networking Breakfast and Exhibition</b> <i>Protein-led breakfast, adaptogenic coffee, gut-health refreshments and sponsor activations.</i>
<b>09:15 – 09:40</b> 09:15 – 09:30	<b>Opening Sessions</b> Guided Breathwork and Nervous System Reset <i>A practical session to embody the principles of integrative health before the scientific programme begins.</i>
09:30 – 09:40	Welcome to Integrative Aesthetics – Dr Mayoni Gooneratne and Dr Kate Goldie <i>Why now? The science, philosophy and future vision of integrative aesthetics.</i>
<b>SESSION 1</b> 09:45 – 10:05 10:10 – 10:30 10:35 – 10:55 11:00 – 11:20 11:25 – 11:45	<b>Internal Health and Metabolic Terrain</b> The Biology of Ageing and Facial Ageing Hormones, Menopause and the Face Inflammation, Metabolic Health and Aesthetic Outcomes The Gut-Skin Axis and Microbiome Medicine Expert Panel Discussion – The Internal Drivers of Ageing
<b>11:45 – 12:05</b>	<b>Coffee Break and Exhibition</b>
<b>SESSION 2</b> 12:05 – 12:25 12:30 – 12:50 12:55 – 13:15 13:20 – 13:40	<b>Regenerative and Aesthetic Interventions</b> Regenerative Aesthetics: Where We Are Now Biostimulators, Polynucleotides and Tissue Regeneration Combination Therapies in Integrative Aesthetics Expert Panel Discussion – How Regenerative is Regenerative?

# SIA Congress 2027 | Agenda (cont)

<b>13:40 – 14:55</b>	<b>Lunch and Roundtable Networking</b> <i>Suggested networking tables:</i> <ul style="list-style-type: none"><li>  Hormones &amp; Ageing</li><li>  Regenerative Medicine</li><li>  Longevity Practice</li><li>  Nutrition &amp; Metabolic Health</li><li>  Research &amp; Academia</li><li>  Business &amp; Clinic Development</li></ul>
<b>SESSION 3</b> 15:00 – 15:20 15:25 – 15:45 15:50 – 16:10 16:15 – 16:35	<b>Mind, Identity and Longevity – The Human Side of Aesthetic Medicine</b> The Psychology of Aesthetic Medicine Stress, Nervous System Regulation and Ageing Sexual Vitality, Hormones and Healthy Longevity Expert Panel Discussion
<b>16:35–16:55</b>	<b>Coffee Break And Exhibition</b>
<b>SESSION 4</b> 17:00 – 17:20 17:25 – 17:45 17:50 – 18:10 18:15 – 18:30	<b>Putting It Into Practice</b> The Integrative Aesthetic Assessment Framework Designing Root-Cause Treatment Plans Building a Profitable Integrative Aesthetics Practice Closing Vision Session Presented by Dr Mayoni Gooneratne & Dr Kate Goldie <ul style="list-style-type: none"><li>  The Society vision</li><li>  Research agenda</li><li>  Membership pathways</li><li>  Certification framework</li><li>  Working groups</li><li>  Future collaborations</li></ul>
<b>18:30</b>	<b>Congress Close</b>



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